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# Advancing the Role of International Behavioral Neuroscience Society in Psychiatric Conditions

## Theresa Candy\*

Department of Psychiatry, University of California San Diego, CA, USA

Corresponding author: Theresa Candy, Department of Psychiatry, University of California San Diego, CA, USA, E-mail: candy@gmail.com

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## Description

Over the past three decades, the International Behavioral Neuroscience Society (IBNS) has been at the forefront of research aimed at addressing the cognitive and behavioral deficits observed in individuals with psychiatric conditions. This journey has been marked by significant strides in understanding, treating, and ultimately improving the lives of those affected by these complex disorders. Early efforts in this field focused on identifying drugs with potential cognition-enhancing properties through tests believed to be relevant to cognitive function. However, the high failure rate of these drugs in crossing the translational-species barrier underscored the need for a more rigorous approach. Consequently, attention shifted towards the development of valid cross-species translational tests that could accurately model the cognitive and behavioral aspects of psychiatric conditions.

### **Cognitive deficits**

Key to the validation of these tests are the principles of face, predictive, and neurobiological validity. By ensuring that animal models accurately replicate the cognitive deficits observed in clinical populations, researchers can confidently utilize these models to test potential therapeutic interventions. Moreover, the concept of clinical sensitivity underscores the importance of targeting populations that exhibit task deficits relevant to the condition being studied, thereby maximizing the relevance and potential impact of treatment development efforts. This review explores the progress made in validating cross-species translational tests and outlines future directions for research in this area. By leveraging the expertise and resources of the IBNS, researchers have made significant strides in refining and validating these tests, laying the groundwork for innovative approaches to understanding and treating psychiatric conditions. Central to the IBNS's mission is its commitment to fostering a collaborative and inclusive research environment. Through initiatives such as mentorship programs and diversity

and inclusivity initiatives, the society has worked tirelessly to make scientific knowledge and resources more accessible to all. This inclusive approach not only enriches the research community but also ensures that diverse perspectives and experiences are represented in the quest to improve mental health outcomes. As a member of the IBNS, my own contributions to the society have focused on expanding access to research opportunities and advocating for diversity and inclusivity within the field. By spearheading initiatives aimed at nurturing mentorship relationships and championing underrepresented voices, I have sought to create a more equitable and supportive research environment for all.

### Conclusion

In conclusion, the IBNS stands as a beacon of progress in the field of behavioral neuroscience, driving advancements in translational research and fostering a culture of collaboration and inclusivity. Through collective efforts and unwavering dedication, the society continues to pave the way for innovative approaches to understanding and addressing the cognitive and behavioral deficits associated with psychiatric conditions. As we look to the future, the IBNS remains committed to its mission of improving the lives of individuals affected by these complex disorders through cutting-edge research and collaborative initiatives. Over the past three decades, the International Behavioral Neuroscience Society (IBNS) has played a pivotal role in driving progress in understanding and treating psychiatric conditions. Through rigorous validation of cross-species translational tests and a commitment to fostering collaboration and inclusivity, the society has significantly advanced the field of behavioral neuroscience. As a member of IBNS, I am proud to have contributed to these efforts by championing diversity and mentorship initiatives. Moving forward, IBNS remains dedicated to its mission of improving mental health outcomes through innovative research and collective action, ensuring that no one is left behind in the quest for progress.