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Opportunities and Challenges in Electronic Health Record Data for Research

Haendel Rohan*

Department of Population Health Sciences, University of Weill Cornell Medicine, New York, USA

Corresponding author: Haendel Rohan, Department of Population Health Sciences, University of Weill Cornell Medicine, New York, USA, E-mail: rohan@gmail.com

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Description

Electronic Health Record (EHR) systems have revolutionized clinical care by streamlining patient information management and facilitating real-time decision-making. Beyond their primary function in healthcare delivery, EHRs also hold immense potential for secondary use in research, enabling observational studies and clinical trials that are funded by both public and private sources.

EHR data for research purposes, highlighting notable initiative and discussing the opportunities and challenges associated with this trend. In the United States, publicly-funded research initiatives leveraging EHR data have gained prominence, exemplified by projects such as the National COVID Cohort Collaborative (N3C) and the Accrual to Clinical Trials (ACT) Network. These initiatives harness the vast repositories of clinical data stored in EHR systems to advance our understanding of disease processes, treatment outcomes, and population health trends. By aggregating and analyzing data from diverse healthcare settings, these projects facilitate collaborative research efforts and accelerate the pace of discovery.

Patient recruitment

Internationally, commercial federated networks of EHR data, such as TriNetX, have emerged as powerful platforms for enabling sponsor-initiated clinical trials. TriNetX connects over 100 healthcare organizations, including Academic Medical Centers (AMCs), with external entities such as biopharmaceutical companies and contract research organizations. This network facilitates efficient patient recruitment, site selection, and protocol optimization, thereby expediting the conduct of clinical trials and accelerating the translation of research findings into clinical practice. The widespread adoption of EHR data for research purposes offers several notable advantages. Firstly, EHRs provide access to rich and comprehensive clinical data, including patient demographics, medical history, laboratory results, and treatment regimens. This wealth of information enables researchers to conduct large-scale studies with robust

statistical power and facilitates the identification of clinically relevant associations and trends. Moreover, EHR-based research is often more cost-effective and efficient than traditional data collection methods, as it leverages existing infrastructure and minimizes the need for manual data entry and abstraction. However, despite its potential benefits, the use of EHR data in research is not without challenges. One significant concern is data quality and completeness, as EHRs may contain inaccuracies, inconsistencies, and missing information. Ensuring data validity and reliability is essential to maintain the integrity of research findings and minimize bias. Additionally, issues related to patient privacy, data security, and regulatory compliance must be carefully addressed to protect patient confidentiality and comply with legal and ethical requirements. Furthermore, interoperability and data standardization present ongoing challenges in the utilization of EHR data for research. Variability in EHR systems and data formats across healthcare organizations can hinder data aggregation and integration efforts, limiting the scalability and generalizability of research findings. Collaborative initiatives aimed at establishing common data models and interoperability standards are essential to overcome these barriers and unlock the full potential of EHR data for research purposes.

Conclusion

In conclusion, the secondary use of EHR data holds tremendous promise for advancing medical research and improving patient care. By leveraging the vast repositories of clinical information contained within EHR systems, researchers can conduct innovative studies, generate real-world evidence, and inform evidence-based practice. However, realizing this potential requires addressing key challenges related to data quality, privacy, interoperability, and regulatory compliance. Through collaborative efforts and ongoing investment in infrastructure and methodology development, we can harness the transformative power of EHR data to drive scientific discovery and improve healthcare outcomes on a global scale.